

RESPECT AND HEALING: BUILDING HEALTHY RELATIONSHIPS WITH OLDER ADULTS



Hosted by:



Regional Elder Abuse Conference

Thursday • JUNE • 28 • 2018

9:00am – 4:30pm

YORK REGIONAL POLICE, COMMUNITY SAFETY VILLAGE

3291 Stouffville Rd, Stouffville ON

COMMUNITY SHOWCASE OF SERVICES

- Network with staff from local agencies and organizations
- Learn about programs and service available for older adults in York Region



Register: Click Register Button
Includes all conference materials, refreshment breaks and lunch

WELLNESS AND NETWORKING

- Meditation/Yoga Session
- Networking Lunch in Pavilion
- Special Safety Village Tour

Gold Sponsor

Oak Ridges
Retirement Community *by Signature*

Raeann Rideout
Regional Elder Abuse Consultant
705-8760-1122 ext 327
centraleast@elderabuseontario.com

FOR INQUIRIES

Constable Bussie Wood,
York Regional Police
1-866-876-5423 Ext. 6697
1971@YRP.CA

Anna Malfara
Retire-At-Home Services
416 802-7169
amalfara@retireathome.com

Elder Abuse Conference Program

- 8:00 AM - 9:00 AM** **REGISTRATION** - Morning Refreshments (coffee/tea, muffins)
- 9:00 AM - 9:10 AM** **Welcome:** Debra Sayewich, Director of Business Development, 1to1rehab
- 9:10 AM - 9:20 AM** **OPENING REMARKS**
Prevention of Elder Abuse Committee of York Region, Co-Chairs
- ▶ Constable Bussie Wood, Senior Safety Officer, York Regional Police
 - ▶ Anna Malfara, Director of Care, Retire-At-Home Services
- Elder Abuse Ontario* - Raeann Rideout, Regional Consultant
- Viewing of Video “Forever, I’ll Love You”**
Produced by: Lisa Xuan, Sarang Gupta, Luke Edgar, Sarah Haddad, Candace Nayman, Nicole Mathies & Ben Dawson - University of Ottawa Faculty of Medicine (MD Candidates, Class of 2020).
- 9:20 AM - 10:45 AM** **Indigenous Perspectives on Elders and Aging**
Kelly Brownbill, Indigenous Educator
- 10:45 AM - 11:00 AM** **Nutrition and Wellness Break**
Showcase of Community Services and Programs
- 11:00 AM - 12:00 PM** **The Elderly in the Criminal Justice System: Addressing the Concerns**
Joslyn Gaston, Mental Health Court Coordinator, Canadian Mental Health Association, Waterloo Wellington Dufferin Branch
Armin Sethi, Assistant Crown Attorney, Ministry of Attorney General
- 12:00 PM - 1:00 PM** **Lunch in the Pavilion**
- **Showcase of Community Services and Programs**
 - **Wellness Yoga and Meditation Session** - Cynthia Breadner, Memories+ Adult Day Program Manager, Retire-at-Home Services
 - **Safety Village Tour**
- 1:00 PM - 1:30 PM** **Loneliness and Isolation Contributing to Declining Health As One Ages!**
Carol Rose-Kudelka, Parish Nurse
- 1:30 PM - 2:30 PM** **An Innovative Approach to Senior’s Mental Health**
Denise Waligora B.S Training and Delivery Specialist, Mental Health First Aid Canada, Mental Health Commission of Canada
- 2:30 PM - 3:30 PM** **Safe Pathways: Supporting Individuals with Dementia in the Justice System**
Audrey Devitt, Waterloo-Wellington Specialized Geriatric Services Implementation Lead, Canadian Mental Health Association Waterloo, Wellington; St Joseph’s Health Centre Guelph
- 3:30 PM - 4:30 PM** **Intersections and Collaborations of Health and Justice Services: Roles in Responding to the Needs of Older Adults**
Alzheimer Society of York Region, Andrea Ubell, Director, Programs and Client Services
- **Victim Services of York Region**, Rebecca Sheluk, Crisis Intervention Counsellor
 - **Southlake Regional Health Centre**, Annie Hayward, GEM Nurse
 - **York Regional Police Services**, Constable Amanda Bitter - Senior Safety Officer
 - **LOFT Community Services**, Suzanne Saulnier, Director of Behavioural Support Services

Speakers CONFERENCE 2018



Thursday, June 28, 2018, 9am – 4:30pm



Kelly Brownbill, Indigenous Educator

Kelly's spirit name, Wabunnoongakikwe, means Woman Who Comes from the East and she is proud to be Wabizhashi Dodem, Marten Clan. She is a member of the Flat Bay community of the Mi'kmaq Nation in Newfoundland and a member of the Three Fires Midewiwin Lodge. Kelly has conducted countless cultural awareness training sessions across a broad range of service sectors for both native and non-native participants. She has also worked with Aboriginal communities both on and off reserve to develop healthy agency models and to further develop counseling skills with Aboriginal clients.



Denise Waligora B.S Training and Delivery Specialist, Mental Health First Aid Canada, Mental Health Commission of Canada

Denise has a Bachelor of Science Degree and over 20 yrs. of working in the mental health field. Prior to joining the Mental Health Commission as Training and Delivery Specialist for Mental Health First Aid in 2011, Denise's professional experiences included psychiatric nursing, Residential Program Director, IBI Therapist at CHEO, crisis worker and case manager in a justice program. Denise has over 9 yrs. experience delivering MHFA courses.

Armin Sethi, Assistant Crown Attorney, Region of Waterloo, Ministry of Attorney General. Mental Health and Drug Treatment Court Crown

Armin pursued a B.A. Hons at York University, specializing in Criminology and International Development Studies, after which she received her Juris Doctor at Windsor Law. She was called to the bar in 2013 and has since prosecuted numerous Criminal Code offences including cases involving sexual violence, domestic violence, drinking and driving, and homicides. She was previously the Youth Crown and worked closely with community partners within the criminal justice system. Armin has since obtained a Master of Laws in Criminal Law and Procedure.

Joslyn Gaston, MA Mental Health Court Coordinator, CMHA Waterloo Wellington

Joslyn has 20 years of experience in social services, including 13 years in the Criminal Justice System. She has held her current role as Mental Health Court Coordinator for the past 8 years. She served as the Co-chair of the Human Services and Justice Coordinating Committee for the Waterloo Region, as well as Co-chair of the Geriatrics in the Justice System Committee. Joslyn has a Master of Arts Degree in Criminology from the University of Toronto, undergraduate degrees in Hons. Sociology and Social Development Studies from the University of Waterloo and a Diploma of Social Work.

Audrey Devitt, MA, Waterloo-Wellington Specialized Geriatric Services Implementation Lead, Canadian Mental Health Association Waterloo, Wellington; St Joseph's Health Centre Guelph

Audrey has worked with vulnerable older adults for over 28 years in both clinical and managerial capacity. Her leadership abilities are evidenced in her competence in bringing systems together to collaborate and enhance capacity throughout the Waterloo Wellington LHIN. She is the Waterloo-Wellington Specialized Geriatric Services Implementation Lead with the Canadian Mental Health Association Waterloo Wellington and St. Joseph's Health Centre Guelph. Her current position is the Interim Geriatric Systems Coordinator for the Waterloo Wellington LHIN.

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Carol Rose Kudelka, RN, PN, Parish Nurse, The Peoples Church

In 2007, following a 26 year career as an RN and Director of Health services at St. Andrew's College, Carol's career took a complete turn towards Parish / Community nursing. Carol speaks passionately of walking alongside fragile elders encouraging; integration of their faith and their health, providing assistance as they navigate the sometimes, complicated medical system, and providing care through education, referrals, and advocacy support. In March of 2018, Carol was the recipient of the 'York Region's Leading Women of Ontario' award, acknowledging her dedication to volunteering and community health services.

Cynthia Breadner, MA, Memories + Adult Program and Wellness Centre Program Manager, Retire-At-Home Services

Cynthia is a self-made entrepreneur, who for the last 15 years, has been motivating and inspiring people in so many ways. She has traveled the world, for study and pleasure, and brings her gifts to her practice. Cynthia also has extensive experience as a human potential expert, spiritual care provider, grief/loss/bereavement counsellor, with training in hypnosis and meditative practices. Cynthia is a certified group fitness coach, a personal trainer and a healthy eating and weight loss coach.

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