

# Join Us For a Cup of Tea!



## How to Host “Tea and Talk” Discussions

Are you a senior who participates in groups, clubs, or social committees?

Join us for a **FREE** workshop

**Thursday, June 25, 2015 from 9:00 am - 2:00 pm**

**Royal Gardens Retirement Residence**

**1160 Clonsilla Ave, Peterborough ON**

- Learn new skills to initiate conversations with seniors about creating healthy relationships within your home and community.
  - Receive a copy of “Tea and Talk” Toolkit
- Receive information on local services available to seniors

**Register by June 22<sup>nd</sup>, contact Karen Basciano at 705 748 5901**

**Or email [kbasciano.ksac@nexicom.net](mailto:kbasciano.ksac@nexicom.net)**